



# Fat Transfer

## *Introduction*

Extension of the technique of tunnel liposuction to many fields has led to multiple applications, such as the injection of the fat aspirated, with encouraging results. If you are interested in fat transfer, also known as fat grafting, we consider it necessary to offer you some information about the procedure.

## *Benefits of fat grafting / fat transfer*

- To fill depressions
- Defects after adipoaspiration
- Post traumatic defects
- Congenital depressions
- To improve contour in breast augmentation or in other areas (buttocks, calves, lips)
- To face ('filling in' wrinkles in nasolabial folds, peribuccal area etc.)

## *The fat transfer procedure*

The technique could be performed isolated or in associations with other surgical procedures.

The fat liposuctioned is achieved from the thighs (internal part) or from the internal part of the knees or abdomen with a small cannula and a syringe, through an incision of approx. 0.4-0.5cm. These small wounds are not closed and undergo spontaneous healing.

Sometimes, it may be necessary to take the fat from the abdomen through an incision about 2 – 4cm, which is stitched afterwards. The stitches are removed after 5 – 7 days. Fat must undergo only minimal handling as it is very sensitive to trauma. The fat is then cleaned with a special solution.

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FOR COSMETIC SURGERY



*This leaflet has been prepared to give a basic understanding of the procedure before a consultation takes place, and to cover many of the questions frequently asked about this type of cosmetic surgery. Final decisions should not be made until an individual assessment has taken place with the surgeon.*

*There is no obligation on the part of the patient to undergo surgery by attending for consultation. If you have any further questions or would like to arrange a consultation please do not hesitate to call us.*